



Wilson & Wilson Estate Planning & Elder Law LLC

LaGrange Office

1023 W. 55th Street, Suite 200 | LaGrange, IL 60525 |

(708) 482-7090

Deerfield Office

770 Lake Cook Road, Suite 100 | Deerfield, IL 60015 |

(847) 656-8958

www.WilsonWilsonLLC.com

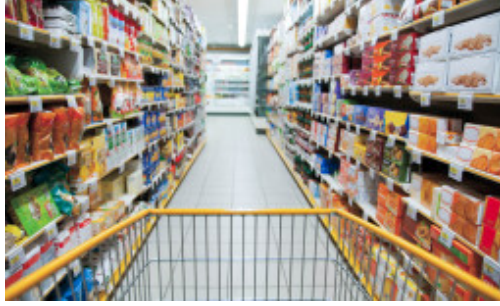
March 2026 Elder Law News

Top Stories

QUESTION OF THE MONTH:

Q: A client called the office the other day, and we were discussing the nursing home where his mother resides. He ended the conversation by stating that his mother tore up her Power of Attorney for Healthcare. He said he was glad he had a copy since he will need to use the document at some point. Furthermore, he stated that, since she is mentally incompetent, her action has no legal effect.

A: Under **755 ILCS 45/4-6** — Revocation and amendment of health care agencies, a person can revoke (By tearing up the document) a Power of Attorney for Healthcare regardless of that person's state of mind. However, in this case, she cannot create a new Power of Attorney for Healthcare due to her incompetence.



New SNAP Work Requirements Will Now Affect More Older Adults

New rules are changing who must meet work requirements in order to receive SNAP benefits. Changes include moving the age requirement to 64 years old (up from 54 years old), which means many older adults may now have to work or volunteer to remain eligible for these benefits.

[READ MORE](#)



What We Know So Far About the New Medicaid Work Requirements

To stay eligible for Medicaid, most adult Medicaid enrollees who are between the ages of 19 and 64 and who do not meet work requirement exemptions will need to document that they meet a minimum of 80 hours per month of qualifying activities, such as community service or enrollment in school.

[READ MORE](#)



Nancy Guthrie's Disappearance: Keeping Older Adults Safe

Aging in place and safety are not mutually exclusive. Many practical steps can reduce risks and provide reassurance to concerned family members.

[READ MORE](#)



How Medicare Beneficiaries Can Fight a Hospital Discharge

If you are admitted to a hospital as a Medicare patient, the hospital may try to discharge you before you are ready. It is important to know your rights and how to appeal.

[READ MORE](#)

Testimonials

Resource Center



If you would like to unsubscribe and stop receiving these emails [click here](#).